

Age Concern Heathfield and District

Latest Updates

May 2022

Use it or lose it.....

It is wonderful to see all our services fully operational and the lunch clubs and programme of trips well underway again.

Despite the lovely weather and the wide variety of things available, we are somewhat concerned at the number of clients who are booking places on our minibuses, but then deciding not to travel. Whilst we do appreciate that there may be occasions when clients are taken ill or are invited for an appointment at short notice, it is a mystery as to why so many clients are not coming out and are often not telling us until we get to their front door.

With the high cost of fuel we can ill afford to incur unnecessary journeys, so **PLEASE**, can we ask that you ring in good time to let us know if you do not intend to travel with us. The number to ring is (01435) **866960**

If numbers continue to be so low on some of our journeys, we will be forced to reduce the number of buses that we can run, and so, as the saying goes- **'use it or lose it'!**

I hope that with the summer months approaching everyone will feel keen to get out and about – we have a good range of trips planned, together with the regular lunch clubs and shopping journeys, so there is lots to tempt you with.

We are always keen to receive feedback from clients, so if there is a particular reason or concern around travelling, please let us know.

Dawn Brock & Alan Hale - Co Chairmen

Heathfield and Waldron Rotary Club – Rotary Wives



I was delighted to attend a meeting of the Rotary Wives last night (11th May 2022) at which I was asked to give a presentation about Age Concern Heathfield. I was made to feel very welcome, we enjoyed a lovely meal together, and the highlight of the evening was being presented with a cheque for £600 for Age Concern funds.

What a lovely surprise, and an extremely generous donation! Our very grateful thanks to everyone involved in raising the funds and we shall look forward to our two organisations working together again in the future.



Heathfield and District
Reg. Charity No: 205665

Country Lunches



There are currently spaces available for anyone wishing to attend.

Lunches take place fortnightly on a Wednesday at Punnetts Town village hall.

Clients can be assured of a warm welcome, friendly atmosphere and a delicious, home cooked, two course meal followed by a tea or coffee. Transport can be provided by one of our fully accessible minibuses. For further information please phone Annabel Williams on **07808 000615** or Julie Langdon (01435) **863690**

Help needed.....

We are actively looking for people who can help us with a number of administrative tasks to manage and organise the efficient running of our services.

Volunteers will need to have basic computer skills, be good communicators and enjoy the rewards of helping others!

We will also require an enhanced DBS check, which we can organise for you if you do not already have one.

The tasks can be fitted in at any time of the day/week- as they are computer based and therefore can be completed around other commitments and they need only take a few hours per month.

If you have a family member, friend or neighbour who could help us and would like to join our friendly and dedicated team of volunteers, we would love to hear from them.

Please email: info@ageconcernheathfield.org.uk or telephone (01435) **866960** for further information.

Heathfield Men's Shed

As well as the regular meetings at the Shed on Tuesdays and Thursdays, Shedders recently enjoyed a social event which was held at the Runt in Tun. The pub evenings are a regular feature, taking place on the fourth Monday of each month.

A full programme of activities and social events is available to see on our website, but if you would like to know more about the Men's Shed, please phone Nic Stenhouse, membership secretary on: **07850 992059**



Summer Trips Programme & Diary of Events



May 2022

Tuesday 3rd May, Tuesday 17th May and Tuesday 31st May – **Union Church lunch**- 12.30pm

Wednesday 11th May, and Wednesday 25th May - **Country Lunches** 12.30pm Punnetts Town village Hall

Wednesday 18th May and Friday 27th May – The Orangery, Ashburnham Place 1.00pm-5.00pm

Friday 20th May – Harry Ramsdens at Eastbourne for Fish and chip lunch 11.00am-3.30pm

June 2022

Wednesday 8th June and Wednesday 22nd June - **Country Lunches** 12.30pm Punnetts Town village Hall

Monday 13th and Friday 17th June – Lewes Garden Centre – 1.00pm- 5.00pm

Tuesday 14th June and Tuesday 28th June – **Union Church lunch**- 12.30pm

Monday 20th and Friday 24th June – Eastbourne seafront and pier 1.00pm-5.00pm

July 2022 **Bookings for trips July – September will open from 1st June**

Monday 4th July and Friday 15th July – 1.30-4.30pm – Ashdown Forest drive and ice cream – these trips are intended for those less able to walk around and will be for a ride on the bus and a stop for an ice cream only.

Wednesday 6th July and Wednesday 20th July - **Country Lunches** 12.30pm Punnetts Town village Hall

Tuesday 12th July– **Union Church lunch**- 12.30pm

Friday 8th July and Monday 18th July – Paradise Park, Newhaven (garden centre and large gift shop) 11.00am-4.00pm

August 2022

Wednesday 3rd August - **Country Lunches** 12.30pm Punnetts Town village Hall (light ploughman's style lunch)

Monday 8th August – 1.30pm-4.30pm – Beachy Head drive and ice cream – this trip is intended for those less able to walk around and will be for a ride on the bus and a stop for an ice cream only.

Wednesday 17th August – Lunch at The Kings Head Pub, Horsebridge - 11.00am-3.00pm - £15 per head to include meal and minibus transport

Friday 26th August – Bexhill seafront and De La Warr Pavilion – 1.00-5.00pm

September 2022

Monday 5th and Friday 9th September – Staverton Nursery and tea room 1.30-5.00pm

Tuesday 6th and Tuesday 20th September **Union Church Lunch** – 12.30pm

Wednesday 14th and Wednesday 28th September – **Country Lunches** 12.30pm Punnetts Town Village Hall

Monday 19th and Friday 23rd September Merriements Garden Centre 1.00pm-5.00pm

