



Introducing our new Chair, Nina Jabang

Dawn, who is the current Chair of Age Concern Heathfield is taking a step aside from this role and I will be taking over. I will be formally stepping into the role from March 2023.

Dawn has been Chair of ACH for over 4 years and during this time she and the team of volunteers have done an amazing job. The good news is Dawn is not leaving ACH completely, she will continue to take the lead of the Minibus Team, remain on the Executive Team and I'm sure help me to settle in.

Anyway, a little bit about me. My name is Nina and I have lived and worked in Heathfield for over 50 years in different roles including Estate Agency and Teaching.

Like many of you, I have seen changes within the TN21 area, some for the good and some not so! However, Age Concern Heathfield, which is solely run by a dedicated team of volunteers, provides invaluable services to the community and is one of the 'good' changes.

I am looking forward to my new role within the team and to meeting you, our clients and seeing where ACH can continue to develop and grow, serving the needs of the elderly and disabled members of the TN21 community.

With Best wishes Nina

AGM Appointed Officers

At the AGM held on 3rd November 2022, we were delighted by the turn out and support received and would like to confirm the Appointment of the following Officers:

Current Chairs, Dawn Brock and Alan Hale will be standing down and Nina Jabang will take over as **Chair** from March 2023.

Elizabeth Keating - **Secretary**

Alan Hale - **Treasurer**

Dawn Brock, Peter Brock, Annabel Williams, Julie Langdon, Karen Evans, Nina Jabang - **Executive Committee Members**

Dawn Brock, Peter Brock, Alan Hale, Elizabeth Keating, Julie Langdon - **Trustees**

Steve Kemp of MDJ Services - **Independent Auditor**

St Richards Friendship & Bereavement Group

This group meets monthly in the Coop Cafe from 10:30am on the first Monday of each month

They welcome anyone feeling lonely. It is often good to chat to others in a similar situation or just to get out and meet new people. Just go along next month and join in. Or ring us on 01435 866960 and we will ensure someone knows you will be joining them.

Community Fridge

Don't forget the Community Fridge at the Union Church is open from 9:30am each week day where you can help yourself to whatever is available.



Medical Car Service: (01435) 515090

Heathfield Men's Shed Update

The Shed continues to grow and develop and we now have a waiting list! 2022 was another busy year in terms of sales and commissions. The last 3 months netted £1950 towards our costs.

Big thanks to all those that supported us during the year and the specific Shedder's making sales items and assisting with our market stalls.



We intend to increase sales during Easter in 2023 with some new and exciting products and still seek funding for an on-site defibrillator.

Happy New year to all! Kind regards, Peter

Keeping Warm This Winter

The **Union Church** and St Richards are both offering times when you can pop in and meet others and keep warm.

The **Union Church** hosts the Lunch Club on alternate Tuesdays starting on 17th January. Phone Jean Plummer on 01435 883483 to book a seat.

Alternate Tuesday afternoons from 10th January, just pop in for tea and cakes and some company.

Then Warm Hearted Wednesdays with hot drinks from 10.00am and a light lunch. And again on Thursday mornings.

On Fridays **St Richards** are offering a Warm Welcome Space to everyone from 10.30am. Go along and enjoy the friendship.

New for 2023

Shopping at the Beacon Centre - Monday 6th March - 10.30am-3.00pm- special trip - one bus, first come first served, £5

This will be the first of a number of shopping opportunities throughout the year.

Hillier's Garden Centre - second Monday of each month, starting Monday 10th April - 11.00am-3.00pm . One bus, so first come first served. We will allocate places fairly, so if you miss out one month, you will get a place the next. £5

Spring Trips Programme 2023

Due to high demand, we have introduced closing dates for bookings to enable us to plan buses and passenger lists. We will close bookings for each trip from the 15th of the previous month e.g. Closing date for March trips will be 15th February etc

Please could we ask that you only book a place on a trip if you intend to go. We are experiencing high levels of cancellations, often at short notice, which not only has stopped someone else from being able to have a seat, but is also impacting on our ability to cover our costs. Where possible, we ask that you give us three days notice of any cancellation.'

March

Friday 10th Tottingworth 1.30-4.00pm

Friday 17th Tottingworth 12.00-2.30pm

Friday 24th Tottingworth 1.30-4.00pm

April

Lunch at Staverton Nurseries - 11:30—2.30pm

Friday 7th, Friday 14th , Monday 17th

Special trip to Pashley Manor Tulip Festival

Friday 28th April – Cost £20.

(Limited spaces, the trip will require a fair bit of walking)

Wednesday Country Lunch dates:

25th January, 8th & 22nd February, 8th & 22nd March, 5th & 19th April

If you normally attend Country Lunches we assume you will attend them all - if you are unable to come for any reason please let us know: Julie: (01435) 863690 Annabel: 07808 000615



Minibus Transport - To book or cancel a place call Elizabeth: (01435) 866960

Tuesday Union Church Lunch dates:

31st January, 14th & 28th February, 4th & 28th March, 11th & 25th April - Jean Plummer (01435) 883483