



### Rushlake Green Cream Tea

One of our Volunteers has offered to lead a group of local people to provide a Cream Tea at Rushlake Green on Monday 29<sup>th</sup> July.

The minibuses will be available for those who need them.

The numbers will be restricted, as the Hall is not over large and we must be aware of the need to have some space to move around.

Please book in the usual way by ringing **(01435) 866960** as early as possible.

### Heathfield Men's Shed

The Men's Shed is a hive of activity, meeting two days a week. Interspersed with some serious tea making and biscuit consumption, the gentlemen keep busy making an interesting array of wooden items that are sold at the various events they attend throughout the year. They also lend their skills to fulfilling the commissions that come their way. With a keen eye on the seasons the Men's Shed has produced an interesting display of items for Christmas, Easter, Halloween etc. Current construction are items for the garden, including a new bird box design (Hansel and Gretel chalets, sparrow condominiums, wren boxes, etc), planters, kiddy picnic tables and frog houses. For inside the house they have also made mobile phone stands, chopping boards and an interesting design of egg cup.

As well as the Workshop membership, which has a waiting list, they are able to offer a social membership. This means that anyone who would like to meet and chat with other men can go along and join in.

**1<sup>st</sup> Monday of the month Coffee at The Coop  
10.00am-12.00pm**

**2<sup>nd</sup> Monday Breakfast at Hooks Cafe 9.00am-10.00am**

**3<sup>rd</sup> Monday Pub Evening The Runt in Tun from 7.00pm**

You are very welcome to just turn up, but if you would like to check in advance, please feel free to ring- Nic Stenhouse - **07850 992059**

### Bernard Delves & John Willson

It is with great sadness that we have learned of the passing of two of Age Concern's most dedicated former volunteers, Bernard Delves and John Willson.

Bernard, a master carpenter, was a volunteer driver, principally on the Horam area shopping run, every Wednesday from 2002 until ill health prevented him continuing in 2011. Bernard's deep desire to help others extended beyond Age Concern through the International Christian Charity, Brass Tacks.

A chance meeting, whilst walking his dog, with the then Chair of Age Concern, led to a recently retired, John Willson being persuaded to start a car service to take elderly residents to doctor and hospital appointments. This subsequent commitment lasted for nigh on fifteen years. The car service, as we know it today, would not exist if it had not been for the total dedication of John and a few of his co-opted friends. Not only did John organise all the requests, he was also the principal driver, making himself available seven days a week. John was awarded the Age UK Certificate of Merit in 2012 for his exceptional contribution to charitable work.

Both Bernard and John were also pivotal members of the committee during a difficult transitional period from being a one person led organisation to one with shared collective responsibilities.

Our very sincere condolences go to the family and friends of both Bernard and John.

Mike Hepworth (Former Co-Chair)

### Gift Aid

We are now registered and able to apply for the extra 25% that Gift Aid allows on any individual donations we receive. If you would like to register now, so that any future small donation you give can be gift aided, please ring Elizabeth on **(01435) 866960** or via email

[Elizabeth.ageconcernheathfield@gmail.com](mailto:Elizabeth.ageconcernheathfield@gmail.com)



## Age Concern Heathfield – Trips and Lunch Programme 2024

**Medical Car Service: (01435) 515090 Country Lunches: Julie: (01435) 863690 / 07834 782366**

**Minibus Transport: to book or cancel a place on the minibus please call Elizabeth: (01435) 866960**

**Union Church Lunch: (01435) 867195**

'Short and Sweet' afternoon trips will take place on the last Friday of each month (excluding Bank Holidays) and are for those who cannot regularly do our longer trips, and who only want to be out locally for a cup of tea in the afternoon.

Please could we ask that you only book places on trips if you intend to go. Where possible, we ask that you give us three days notice of any cancellation, to enable your seat to be offered to someone else.

April 2024		
Tues 2nd	Union Church Lunch	
Mon 8th	Hilliers Garden Centre	11.00am-3.00pm
Weds 10th	Country Lunches	
Tues 16th	Union Church Lunch	
Weds 17th	The Beacon Centre	Fully Booked
Weds 24th	Country Lunches	
Fri 26th	'Short and Sweet' Petals	2.00pm - 3.00pm

May 2024		
Weds 1 <sup>st</sup>	Sovereign Harbour	11.00am-3.00pm
Tues 7th	Union Church Lunch	
Fri 10th	Harry Ramsdens Fish & Chips lunch	11.00am-3.00pm
Mon 13th	Hilliers Garden Centre	11.00am-3.00pm
Tues 14 <sup>th</sup>	Hilliers Garden Centre	11.00am - 3.00pm
Weds 15th	Country Lunches	
Tues 21st	Union Church Lunch	
Fri 24 <sup>th</sup>	'Short and Sweet' Tootingworth	2.00pm - 3.00pm
Weds 29th	Country Lunches	

June 2024		
Tues 4th	Union Church Lunch	
Fri 7th	Seaford Seafront	1.00pm-4.00pm
Mon 10th	Hilliers Garden Centre	11.00am-3.00pm
Weds 12th	Country Lunches	
Mon 17th	Notcutts Garden Centre	11.00am-3.00pm
Tues 18th	Union Church Lunch	
Weds 26th	Country Lunches	
Fri 28th	'Short and Sweet' Beachy Head for ice creams	2.00-4.00pm

July 2024		
Tues 2nd	Union Church Lunch	
Mon 8th	Hilliers Garden Centre	11.00am-3.00pm
Weds 10th	Country Lunches	
Fri 12th	De La Warr Pavilion-Bexhill	11.00am-3.00pm
Mon 15th	The Orangery	12.00-3.00pm
Tues 16th	Union Lunches	
Weds 24th	Country Lunches	
Fri 26th	'Short and Sweet' Petals	2.00pm-3.00pm
Mon 29th	Cream Tea at Rushlake Green	2.00pm-4.00pm

### Thank you to all our clients for using the Age Concern Heathfield and District (ACH) Medical Car Service

Clients are reminded:

- When making requests for our Medical Car Services (including requests for amendments or cancellations to existing bookings), to always telephone the main ACH contact telephone number **(01435) 515090** and not to contact our volunteer drivers or administrators directly. This ensures that your request is actioned by the on-duty volunteer administrator during normal working hours. Please note that our volunteer drivers and administrators are not on permanent duty, so by always using our central telephone number **(01435) 515090** we can assist you in the most efficient way.
- Our volunteer drivers only offer services for driving to and from non-urgent medical appointments. If you require **urgent medical attention**, you must immediately telephone 999 or 111 or your doctor directly, as appropriate.
- **Any other non-medical services**, you will need to contact an appropriate organisation or company for assistance.

**Thank you for your continued support of Age Concern Heathfield and District**