

### The Late Mrs Early & Carol Concert

We had two joint ventures with the Heathfield & Waldron Rotary Club. A number of our Clients were taken to the Rushlake Green Village Players Dress Rehearsal of The late Mrs Early and others enjoyed the Christmas Carol Concert in The Union Church, which is always popular as it is a chance to see the Christmas lights in Heathfield on the way home. Both groups were thoroughly spoilt with homemade tea and cakes provided by the Rotarians' wives.

### Christmas Meal & Dance

The Union Lunch Club treated all their regular ladies and gentlemen to an early Christmas



meal and the following week the Country Lunch Team laid on another super Christmas meal.

### Christmas Trees Display at Union Church

Another afternoon we visited the Christmas Trees displayed in The Union Church and spotted our Tree amongst so many others.



A special thank you to Nicole & John Hudson and Denise Staley for putting our tree together at short notice.

### Our Volunteers

We are so fortunate to have so many people who are willing to support us in so many ways during the year. We were able to say thank you to them with a Wine and Cheese party in December. There was lots to eat and drink and plenty of things to chat about.

### NHS Eye Tests at Home

If you are over 60 and have difficulty getting to an Optician, you are likely to be eligible for an NHS funded Home visit from The Outside Clinic team. They bring advanced portable equipment to help detect early signs of cataracts or diabetes and can provide prescriptions for new glasses if needed. To ensure your eye health is not overlooked it is worth contacting the Team either online at [outsideclinic.co.uk/s12](https://outsideclinic.co.uk/s12) or by ringing them on 0800 915 6207 (Booking Ref S12-DL) during office hours.

### Gift Aid

We are now registered and able to apply for the extra 25% that Gift Aid allows on any individual donations we receive. If you would like to register now, so that any future donations can be gift aided, please ring Elizabeth on 01435 866960 or via email

[elizabeth.ageconcernheathfield@gmail.com](mailto:elizabeth.ageconcernheathfield@gmail.com)

# Spring Trips and Lunch Programme 2025

<b>March 2025</b>		
Tues 4 <sup>th</sup>	Union Lunches	
Mon 10 <sup>th</sup>	Hilliers Garden Centre	11.00 - 15.00
Tues 11 <sup>th</sup>	Hilliers Garden Centre	11.00 - 15.00
Wed 12 <sup>th</sup>	Country Lunches	
Tues 18 <sup>th</sup>	Union Lunches	
Wed 19 <sup>th</sup>	Dunelm Mill	11.00 - 15.00
Wed 26 <sup>th</sup>	Country Lunches	
Fri 28 <sup>th</sup>	Staverton's Garden Centre	14.00 - 17.00

<b>May 2025</b>		
Fri 2 <sup>nd</sup>	The Tavern	11.00 - 15.00
Tues 6 <sup>th</sup>	Union Lunches	
Fri 9 <sup>th</sup>	Sovereign Harbour	11.00 - 15.00
Mon 12 <sup>th</sup>	Hilliers Garden Centre	11.00 - 15.00
Wed 14 <sup>th</sup>	Country Lunches	
Fri 16 <sup>th</sup>	Sovereign Harbour	11.00 - 15.00
Tues 20 <sup>th</sup>	Union Lunches	
Wed 28 <sup>th</sup>	Country Lunches	
Fri 30 <sup>th</sup>	Lakeside, Horam	14:00 - 16:00

<b>April 2025</b>		
Tues 1 <sup>st</sup>	Union Lunches	
Wed 9 <sup>th</sup>	Country Lunches	
Fri 11 <sup>th</sup>	Beacon Centre	11.00 - 15.00
Mon 14 <sup>th</sup>	Hilliers Garden Centre	11.00 - 15.00
Tues 15 <sup>th</sup>	Union Lunches	
Tues 22 <sup>nd</sup>	Hilliers Garden Centre	11.00 - 15.00
Wed 23 <sup>rd</sup>	Country Lunches	
Fri 25 <sup>th</sup>	Petals	14.00 - 16.00
Wed 30 <sup>th</sup>	The Tavern	11.00 - 15.00

<b>June 2025</b>		
Tues 3 <sup>rd</sup>	Union Lunches	
Mon 9 <sup>th</sup>	Hilliers Garden Centre	11.00-15.00
Wed 11 <sup>th</sup>	Country Lunches	
Fri 13 <sup>th</sup>	Paradise Park	11.00-15.00
Tues 17 <sup>th</sup>	Union Lunches	
Fri 20 <sup>th</sup>	Pashley Manor Rose Festival <i>Walking involved</i> <i>£15.00 Entrance</i>	11.00 - 15.00
Mon 23 <sup>rd</sup>	Harry Ramsdens	11:00 - 15:00
Wed 25 <sup>th</sup>	Country Lunches	
Fri 27 <sup>th</sup>	Tottingworth	14:00 - 16:00

## **Minibus Transport**

To book or cancel a space on the minibus please ring Elizabeth on 01435 866960.

Please book as early as possible and only if you intend to go. If you do need to cancel please give as much notice as you can, so we can offer your seat to someone else.

## **Shopping Minibuses**

Also, don't forget we have two Minibuses out every Thursday morning taking people to and from Heathfield for Shopping. If you would like to be included please ring Elizabeth on 01435 866960.

## **Useful Numbers**

Medical Car Service:	01435 515090
Country Lunches	
Julie Landline:	01435 863690
Julie Mobile:	07834 782366
Union Church Lunch:	01435 867195

## **Medical Car Service requests**

Please give us as much notice as you can so we can try and plan our rotas. Always use the central number 01435 515090 so that your request is activated by the on-duty volunteer administrator as quickly as possible during normal working hours.